

Kanchenjunga Base Camp Trek

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Kanchenjunga Base Camp Trek

URL: <https://ascendhikes.com/package/kanchenjunga-base-camp-trek-2026/>

Trip Code

KN2026

Activity

Trekking

Duration

19 Days

Max. Altitude

5,143 Meters

Best Season

Spring & Autumn

Transportation

Flight / Drive

Group Size

2 - 14

Destination

Nepal

Start / End Point

Kathmandu to Kathmandu

Region

Kanchenjunga base camp trek

Nature Of Trek

Basic Lodge to Lodge Trek

Activity Per Day

5-9 Hours

Per Person From

USD 1,999

Challenging

Lorem Ipsum is simply dummy text of the printing and typesetting industry. Lorem Ipsum has been the industry's standard dummy text ever since the 1500s

Accommodation

Kanchenjunga Base Camp Trek difficulty and altitude

The Kanchenjunga Trek is categorized by ascend Hikes a **challenging and demanding** trekking route in Nepal because its remote location, long time duration, and high altitude. The Kanchenjunga base camp trek usually takes **19 to 25 days** and involves walking **5-9 hours daily** on steep ascend and descending, rugged, and sometimes narrow mountain trails. This route are Limited facilities and difficult terrain make it more suitable for experienced trekkers with good physical fitness.

The Kanchenjunga base camp trek reaches its highest point at **Pangpema (Kanchenjunga North Base Camp) is 5,143 meters (16,873 ft)**. At this elevation, there is an essential risk of altitude sickness, so proper acclimatization is essential. Travelers also visit the **South Base Camp (Oktang)** the altitude 4,730 **meters (15,518 ft)** Because of the high altitude and separation, trekkers must be well-prepared and rather travel with trained guides and support staff.



The best season for the Kanchenjunga base camp trek

The best seasons for the Kanchenjunga base camp Trek are Spring season (**March - May**) and **Autumn season (September - November)**. During these periods, normally the weather is stable, skies are clear, and temperatures are suitable for high-altitude trekking in alpine valleys.

Spring season (March-May) is the Best for Nature Lovers

Spring is one of the most popular seasons for the Kanchenjunga base camp Trek because Rhododendron forests are in full bloom, and mountain views are clear with blue skies. The Day Temperature is about

10°C to 20°C (in lower regions), and 0°C to 10°C (at higher regions) and Nighttime the Temperature drop down -5°C to 5°C in higher altitude.

Highlights: *Flowers everywhere, greenery, clear views, moderate temperature.*

Autumn season (September-November) is Best for Clear Views

Autumn is advised the **best overall season for trekking** because of stable weather and crystal-clear mountain scenery after the heavy monsoon. The **Day time Temperature is** 8°C to 18°C in lower elevation and 0°C to 8°C in higher valleys. The Nighttime **Temperature drop** -10°C to 0°C in higher altitude.

Highlights: *Best visibility with crystal clear, dry trails, pleasant trekking conditions and affordable temperature.*

Why Kanchenjunga Base Camp Trek is the best remote trek in Nepal?

The Kanchenjunga trek is considered the best remote trek in Nepal because of its untouched natural beauty, peaceful trekking trails, and rich Rai and influence Tibetan cultural experience. Located in the far eastern region. This Kanchenjunga trek takes you through deep lush forests, alpine meadows, Himalayan valleys and traditional villages that are still largely unaffected by modern tourism.

Unlike popular trekking routes, Kanchenjunga trek offers solitude and a true sense of adventure. Trekkers can enjoy surprising views of Mount Kanchenjunga, Jannu Himal, and other Himalayan peaks while experiencing the trustworthy lifestyle of local communities. Its remote location, diverse landscapes, and fresh environment make Kanchenjunga trek is the perfect choice for those who seeking a pure Himalayan trekking experience with less crowded.

Kanchenjunga Base Camp Trek Detail Itinerary

The ultimate itinerary 2026 for Kanchenjunga base camp trek, One of the Most Remote & Beautiful Treks in Nepal Himalaya. The Kanchenjunga base camp Trek takes you to the base of third-highest **Mt. Kanchenjunga (8,586m)** in the world. This trek is perfect for remote adventure lovers looking for untouched nature, rich culture, and true wilderness.

Day 01: Arrival in Kathmandu Nepal

Arrival in Kathmandu international airport and transfer to Hotel in Thamel, Kathmandu

Drive Distance

6KM

Drive Duration

1 Hours

Highest Altitude:

1300 Meters

Meals:

BLD

Attraction of the Day:

Kathmandu

Place:

Thamel

Accommodation:

Star level Hotel

Day 02: flight to Bhadrapur and drive to Taplejung

Altitude:	Taplejung 1,441 Meter
Trekking /Drive distance:	Bhadrapur to Taplejung 245km
Time duration:	6 - 7 hours drive from Bhadrapur
Elevation gain:	
Trails difficulty:	Easy an hour flight and drive
Accommodations:	Basic Hotel and guest house

Drive Distance

245 km

Drive Duration

6-7 hours

Highest Altitude:

Taplejung 1,441 Meter

Flight Hours:

1 hour

Meals:

BLD

Attraction of the Day:

flight to Bhadrapur and drive

Place:

Taplejung

Accommodation:

Basic Guest House

Day 03: Drive to Ranipul and trek to Amjilosa 2,395

Altitude:	Amjilosa 2,395 Meter
Drive distance:	Taplejung to Ranipul 40-45km and 5km trek
Time duration:	4- 5 hours drive and 2 hours trek
Elevation gain:	954 Meter
Trails difficulty:	Off-road drive and easy walk
Accommodations:	Basic tea house

Trek Distance:

4 KM

Trek Duration

2Hours

Drive Distance

40 -45 km

Drive Duration

4-5 hour

Highest Altitude:

2395Meters

Meals:

BLD

Place:

Amjilosa

Accommodation:

Basic Guest House

Day 04: Trek to Gyabla 2,730m

Altitude:	Gyabla 2,730 Meter
Trekking distance:	Amjilosa to Gyabla 9km
Time duration:	5 - 6 hours trekking to Gyabla
Elevation gain:	335 Meters ascending
Trails difficulty:	Moderate trekking trails
Accommodations:	Basic tea house

Trek Distance:

9 KM

Trek Duration

6-7 Hours

Highest Altitude:

2730 Meters

Meals:

BLD

Place:

Gyabla

Accommodation:

Basic Guest House

Day 05: Trek to Ghunsa 3,400 Meter

Altitude:	Ghunsa 3,400 Meter
Trekking distance:	Gyabla to Ghunsa 11km
Time duration:	6 - 7 hours trekking to Ghunsa
Elevation gain:	565 Meter ascending
Trails difficulty:	Moderate trails
Accommodations:	Basic tea house

Trek Distance:

11 KM

Trek Duration

6-7 Hours

Highest Altitude:

3400 Meters

Meals:

BLD

Place:

Ghunsa

Accommodation:

Basic Guest House

Day 06: Rest for actualization

Highest Altitude:

3570 Meters

Meals:

BLD

Place:

Ghunsa

Accommodation:

Basic Tea - House

Day 07: Trek to Khambachen 4050

Altitude:	Khambachen 4,050 Meter
Trekking distance:	Ghunsa to Khambachen 10km
Time duration:	6 - 7 hours trekking
Elevation gain:	650 Meter Ascend to Khambachen
Trails difficulty:	Moderate to altitude challenging
Accommodations:	Basic tea house

Trek Distance:

10 KM

Trek Duration

5-6 Hours

Highest Altitude:

4050 Meters

Meals:

BLD

Place:

Khambachen

Accommodation:

Basic Tea - House

Day 08: Trek to Lhonak 4,780 Meters

Altitude:	Lhonak 4,780 Meter
Trekking distance:	Khambachen to Lhonak 10.5 km
Time duration:	6 - 7 hours Trekking
Elevation gain:	730 Meter ascend to Lhonak
Trails difficulty:	Altitude Challenging
Accommodations:	Basic Tea House

Trek Distance:

10.5 KM

Trek Duration

5-7 Hours

Highest Altitude:

4780 Meters

Meals:

BLD

Place:

Lhonak

Accommodation:

Basic Tea - House

Day 09: Trek to Pangpema 5140 and back to Lhonak

Altitude:	Pangpema 5,143 Meter
Trekking distance:	Lhonak - Pangpema - Lhonak 17.5km
Time duration:	8 - 9 hours Trekking
Elevation gain:	360 Metter Ascend
Trails difficulty:	Most altitude Challenging
Accommodations:	Basic Tea house

Trek Distance:

17.5 KM

Trek Duration

8-9 Hours

Highest Altitude:

5143 Meters

Meals:

BLD

Place:

Lhonak

Accommodation:

Basic Tea - House

Day 10: Trek back to Ghunsa

Altitude:	Ghunsa 3,400 Meter
Trekking distance:	Lhonak to Ghunsa km 20km
Time duration:	7- 8 hours Trekking
Elevation gain:	1,780Miter elivation Loss
Trails difficulty:	Long trekking challenging
Accommodations:	Basic tea house

Trek Distance:

20KM

Trek Duration

6-7 Hours

Highest Altitude:

5,000 Meters

Meals:

BLD

Place:

Ghunsa

Accommodation:

Basic Guest House

Day 11: Trek to Selele Base camp 4290 Meter

Altitude:	Selele base camp 4,290 Meter
Trekking distance:	Ghunsa to Selele Base camp 9km
Time duration:	6 - 7 hours walking
Elevation gain:	890 meters ascend
Trails difficulty:	Moderate trekking trails
Accommodations:	Basic tea house

Trek Distance:

9 KM

Trek Duration

5-6 Hours

Highest Altitude:

4290 Meters

Meals:

BLD

Place:

Selele base camp

Accommodation:

Basic Tea - House

Day 12: Trek to Tseram 3,870 Meter

Altitude:	Tseram 3,870 Meter
Trekking distance:	Selele base camp to Tseram 13km
Time duration:	7 - 9 hours trekking
Elevation gain:	Ascend 300m Dessending 400m
Trails difficulty:	Long and altitude Challenging
Accommodations:	Basic tea house

Trek Distance:

13 KM

Trek Duration

6-7Hours

Highest Altitude:

3870 Meters

Meals:

BLD

Place:

Tseram

Accommodation:

Basic Tea - House

Day 13: Trek to Ramche 4610 Meter

Altitude:	Ramche 4,610 Meter
Trekking distance:	Tseram to Ramche 8.5 km
Time duration:	5 - 6 hours trekking
Elevation gain:	740 Meters ascend Ramchei
Trails difficulty:	Altitude challenging
Accommodations:	Basic tea house

Trek Distance:

8.5 KM

Trek Duration

5-6 Hours

Highest Altitude:

4610 Meters

Meals:

BLD

Place:

Ramche

Accommodation:

Basic Tea - House

Day 14: Trek to Oktan (4740m) and Yalung 3,900 Meter

Altitude:	Yalung 3,900 Meter
Trekking distance:	Ramche - Oktan - Yalung 11.5 km
Time duration:	6 - 7 hours trekking
Elevation gain:	130 ascend and 610m descending
Trails difficulty:	Easy but long trekking make it difficult
Accommodations:	Basic tea house

Trek Distance:

11.5 KM

Trek Duration

7-8 hours

Highest Altitude:

4740 Meters

Meals:

BLD

Place:

Oktan

Accommodation:

Basic Guest House

Day 15: Trek to Toronding 2,995 Meter

Altitude:	Torondin 2,995 Meter
Trekking distance:	Yalung to Torondin 14km
Time duration:	6 - 7 hours trekking
Elevation loss	900-meter descending
Trails difficulty:	Easy but long walking trails
Accommodations:	Basic tea house in remote area.

Trek Distance:

14 km

Trek Duration

5-6 hours

Highest Altitude:

2995 Meters

Meals:

BLD

Place:

Torondin

Accommodation:

Basic tea house

Day 16: Trek to Ranipul

Altitude:	Ranipul 1400 Meter
Trekking distance:	Torondin to Ranipul 17km
Time duration:	7 - 8 hours Trekking
Elevation gain:	1200m descending
Trails difficulty:	Long challenging trails
Accommodations:	Basic tea house, with basic facility.

Trek Distance:

17 km

Trek Duration

6-7 hours

Highest Altitude:

1500 meters

Meals:

BB

Place:

Ranipul

Accommodation:

Basic tea house

Day 17: Drive to Ilam/Kanyam

Altitude:	Taplejung 1,441 Meter
Drive distance:	Ranipul to Kanyam 130km
Time duration:	6 - 7 hours drive to Tea Garden
Accommodations:	Basic guest house

Drive Distance

130 km

Drive Duration

5-6 hours

Highest Altitude:

1141 meters

Meals:

BLD

Place:

Kanyam, Ilam

Accommodation:

Basic tea house

Day 18: Drive to Bhadrapur and fly Back to Kathmandu.

Drive distance:	Kanyam to Bhadrapur airport 53km
Drive time duration:	Maximum 2 hours drive
Flight duration:	Bhadrapur to Kathmandu 1 hour fly

Drive Distance

53 km

Drive Duration

2 hours

Meals:

BL

Place:

Thamel

Accommodation:

Star level Hotel in Ktm

Day 19: Final Departure from Kathmandu

Final departure from Kathmandu

What's included for Kanchenjunga trek?

Services Including for Kanchenjunga base camp trek with Ascend Hikes team are,

- Airport Pick up and drop
- Hotel in Kathmandu 2 nights at star level with BB plan.
- Domestic flight Kathmandu - Bhadrapur - Kathmandu.
- Local Privet jeep from Bhadrapur airport to trek starting place.
- All the accommodations and food (B/L/D) during the trek.
- A cup of tea or coffee 3 times in a day.
- Licensed Ascend Hikes experience trekking guide.
- A porter for 2 trekkers with Max. Weight 22KG
- All the Permits (RAP, KCAP, TIMS & local fees.
- Basic first Aid Kit
- Latest version Trekking map
- All the staff (porters and guides) insurance
- Government Taxes and service charge.
- Farewell dinner in Kathmandu after Trek.

Cost Excluded for Kanchenjunga base camp trek.

Services Exclude for Kanchenjunga base camp trek with Ascend Hikes team are,

- International flight and travel Insurance.
- Nepal visa fee and Personal expenses.
- Wi-Fi, Hot shower, Charging, laundry, snakes & soft drinks
- Alcohol, cold drinks and Bar bills
- Personal trekking gears are exclude
- Extra day or additional route and day.
- Emergency, rescue and other expenses.
- Tips for the Porters and guides

Group Discounts Available

No. of Persons	Price per Person
2 - 02	USD 2,299
3 - 03	USD 2,099
4 - 04	USD 1,999
5 - 05	USD 1,899
6 - 06	USD 1,859
7 - 14	USD 1,799

Important Noticed

Kanchenjunga base camp Trek lies in the **Restricted Area**, so trekking in this area you should need,

- Minimum 2 trekkers and more in a group
- Registered Agency only operating this Kanchenjunga trek
- from immigration Restricted area permits need for this route.

Complete packing list for the Kanchenjunga trek

Here is the main packing list for the Kanchenjunga trek for 19 days trekking in remote untouched route in Nepal Himalayan valley.

Clothing (Layering System)

Base Layer (Moisture - Wicking)

3-4 Thermal tops (merino/synthetic)

2 Thermal bottoms

Mid Layer (Insulation for the trek)

1 /1 Fleece jacket or light down jacket

1 Warm sweater (optional)

Outer Layer (Protection)

Waterproof & windproof good quality jacket (Gore-Tex preferred)

Waterproof warm pants equire.

Trekking Wear during the Kanchenjunga trek

2-3 Trekking light and quick dry pants

2-3 Quick-dry t-shirts

Long-sleeve trekking shirts

Comfortable hiking shorts (optional)

Warm Wear for evening and morning

Warm Down jacket (essential for high altitude)

Wool/fleece warm hat

Neck gaiter / buff

Warm gloves + inner liner gloves

Underwear & Socks

4-6 pairs of trekking socks (wool/synthetic optional)

3-4 Underwear (quick-dry)

Sleepwear

Footwear

High-quality trekking boots (well broken-in)

Lightweight sandals / camp shoes

Gaiters (for snow, Ice/dust, optional)

Bags & Storage

Main backpack or duffel bag (50-70L)

Daypack (20-30L)

Dry bags / waterproof covers

Packing cubes (optional)

Sleeping Gear

Light and warm Sleeping bag (-10°C to -15°C rating recommended)

Sleeping bag liner

Inflatable pillow (optional)

Trekking Equipment

A pair Trekking poles

Head lamp (head light) with extra batteries

Sunglasses (UV protection)

Sun hat / cap

Micro spikes / crampons (seasonal, ask your guide)

Toiletries & Personal Care

Toothbrush & toothpaste

Biodegradable soap / shampoo

Wet wipes

Hand sanitizer

Sunscreen (SPF 30+)

Lip balm with SPF

Towel (quick-dry)

Toilet paper (carry extra)

First Aid & Medications

Personal prescription medicines

Diamox (for altitude - consult doctor)

Painkillers

Band-aids / blister pads

Antiseptic cream

Oral rehydration salts

Cold/flu medicine

Thermometer (optional)

Bandes and blister tape.

Food & Hydration

Refillable water bottles (2L total capacity)

Water purification tablets / filter

Thermos flask (optional)

Energy bars / trail snacks

Electrolyte powder

Documents & Money

Passport + copies

Trek permits (KCA Permit, Restricted Area Permit)

Travel insurance

Cash (no ATMs on route)

Emergency contacts

Electronics

Mobile phone

Power bank (20,000 mAh recommended)

Charging cables

Camera + spare batteries (optional)

Solar charger (optional)

Miscellaneous

Trekking map / guidebook

Notebook & pen

Playing cards / small book

Optional But Helpful things.

Lightweight crampons (spring/autumn)

GPS watch

Binoculars

Kanchenjunga base camp Trek Cost 2026

How expensive Kanchenjunga Trek? **With Ascend Hikes Trekking Agency (All-Inclusive Package for 19 Days)**

Group size	Cost in USD per person
Group of 2	USD \$ Per Person 2,299/-
Group of 3	USD \$ Per Person 2,099/-
Group of 4	USD \$ Per Person 1,999/-
Group of 5	USD \$ Per Person 1,899/-

Group of 6	USD \$ Per Person 1,850/-
Group of 7 and +	USD \$ Per Person 1,799/-

Note: Price depends on group size (larger groups usually cheaper per person), service level, and included flights/jeeps.

Basic Budget Estimate for Kanchenjunga base camp trek

Basic Budget Estimate (Without Full Agency Package)

If you coordinate yourself but still include essentials:

Title or activities	Cost in USD \$
Domestic flight and land transport	USD \$ 650 - 750/-
Accommodation and meals 19 days	USD \$ 750 - 850/-
Guide and Porter 1/1	USD \$ 1,150 - 1,350/-
Permits fee	USD \$ 100/-
Travel Insurance	USD \$ 100 - 200/-
Miscellaneous	USD \$ 250 - 300/-
Hotel in Kathmandu	USD \$ 100/-
Guide and porter tips	USD \$ 200 - +
Porter and guide Insurance	USD \$ 100 - 150/-
Total Estimate cost	USD \$ 2,499 - 3,899/-

Note: Kanchenjunga base camp trek is a restricted area trek, so:

You **must trek with a licensed guide and Permits must be arranged through a registered agency.**

Kanchenjunga base camp trek Permit Information and cost:

The Kanchenjunga region is a **restricted and protected trekking area** due to its closeness to both the Indian and Chinese (Tibet) borders and its delicate environment. So, you have to consider with,

Independent trekking is not allowed without proper permits and a registered guide/agency and require **Minimum group size is 2 trekkers + 1 licensed guide.**

Kanchenjunga base camp trek permit and their cost are,

Require permits	Cost in USD \$ per person
Restricted permit (RAP)	USD \$ 20/- per week
Conservation permit (KCAP)	USD \$ 25/- Approximately
TIMS card	USD \$ 20/-
Local government fee	USD \$ 10/-

Why book Kanchenjunga base camp trek with us (Ascend Hikes Team)?

Why book Kanchenjunga trek with ascend hikes team? Choosing the right trekking agency makes all the difference and at **Ascend Hikes Team**, we don't just guide you to Kanchenjunga route, we help you experience it safely, comfortably, and genuinely. So booking through Ascend Hikes,

Specialized Experience in Remote Trekking

Kanchenjunga is one of the most challenging and remote trekking routes. Our team has **extended hands on experience** operating in restricted and high-altitude areas, ensuring smooth logistics and safe navigation throughout the journey.

Licensed, Local & Highly Trained Guides

Our professional guides are government licensed, well-trained in **first aid & altitude safety**. Experienced in high-altitude trekking and Fluent in English and Nepali.

Our team are friendly, understand the terrain, culture, and weather activity keeping you advised and confident every step in Himalayan journey.

Hassle-Free Permit & Paperwork Management

Kanchenjunga base camp trek is a restricted area so requiring special permits. We handle all the permits, Restricted Area Permit (RAP) KCAP Permit and all government documentation.

Strong Focus on Safety & Support

Your safety is our top priority: Extensive first-aid kits, Emergency response planning, 24/7 usable support and Coordination for helicopter rescue (if required).

Note: We are prepared for every situation in this remote region.

Personalized & Flexible Itineraries

We customize each trek based on: Your fitness level, Time availability, Group size and Personal interests.

Note: Whether you prefer a relaxed pace or an adventurous challenge, we adapt to you.

Trek with Confidence, Trek with Ascend Hikes Team.

Trekking with us, you don't just reach Kanchenjunga Base Camp also you gain memories, friendships, and a deeper connection with the Himalayas.

Altitude sickness and precaution.

Above the 3,500meters altitude, should be get altitude sickness in the Himalayas. There is no boundary, who will get altitude sickness. Anyone - any time can get altitude symptoms. It's depending on how you can adjust the environment.

How to know getting altitude sickness?

Some major symptoms of Altitude sickness.

- Less appetite and tiredness.
- Short breath and can't sleep at night.
- Headache and dizziness
- Vomiting and whole-body cold.

How to prevention altitude sickness?

Some step to avoid altitude sickness,

- Walk slowly where you are above 2500 meters altitude around Ghunsa - Lhonak area.
- Drink enough water (3-4 liters) recommend.
- Stop drinking alcohol and smoke.
- Eat plenty and hygienic food, instead of junk food.
- Don't sleep at daytime.
- Pack a Diamox for the emergency case.
- And walk in high and sleep at low elevation.

What to do/ medicine, is recommended if get altitude sickness?

There is no medicine for the altitude sickness to recovery and further ascent. Only the prevention is best idea. In case get altitude sickness, try to eat hot soups and as soon as possible descend and descend to the low elevation. Take a Diamox for little relax and move down. If it is serious case, rescue whatever by helicopter or what is possible.

Note: Don't underestimate with altitude sickness, it may take your life

Weather information in Kanchenjunga base camp trek.

Spring (March - May) the weather condition is

Time	Elevation	Temperatures
Day time	Lower part and Mid elevation	5 °C to 20 °C
Day time	High elevation	0 °C to 10 °C
Nighttime	High Elevation	0 °C to -9 °C

Spring also the best trekking season with beautiful weather, blooming flowers and best temperature, highly recommend.

Autumn (September - November) the weather conditions are

Time	Elevation	Temperatures
Day time	Lower part and Mid elevation	10°C to 18°C
Day time	High elevation	0 °C to 9 °C
Nighttime	High Elevation	-5°C to -15°C

One of the best trekking seasons because clear stable weather and pleasant temperature. We are highly recommended for trek this time.

Monsoon (June - August) weather condition is

Time	Elevation	Temperatures
Day time	Lower part and Mid elevation	8°C to 25 °C
Day time	High elevation	0 °C to 10 °C
Nighttime	High Elevation	0 °C to -10 °C

Monsoon is not the best time to do trekking, because whole time heavy rain, more chance for landsliding.

Winter (December - February) time the weather condition is,

Time	Elevation	Temperatures
Day time	Lower part and Mid elevation	10°C to -5 °C
Day time	High elevation	5°C to -10 °C
Nighttime	High Elevation	-10 °C to -20°C

This time trekking in Kanchenjunga is Challenging and cold, not ideal unless you are well-equipped and prepared for snow and ice.

Quick Weather Summary with Ascend Hikes team

Season	Weather	Recommended?
Spring (March - May)	Clear, colorful & blooming	5/5
Autumn (September - November)	Dry, crisp, best views, stable weather	5/5
Monsoon (June - August)	Wet, cloudy, raining, slippery & flooding	1/5
Winter (December - February)	Very cold and snow covered	2/5

*The best times for weather, visibility, and trail-condition safety: **Spring and Autumn.***

Flora and faun.

Flora: This Kanchenjunga conservation area is rich in flora. Here are some major types and possibility to hunt them.

Rhododendron (national flower of Nepal) Usually March to April is the blooming time. Oak trees in this region many oak trees also found, Pine trees and Fir Forest are big on this area. Mushrooms, Bamboo

bushes, Ferns, Maple, Hemlock etc. is the main flora fund in Kanchenjunga trek.

Fauna (wildlife): Fauna in Kanchenjunga trek is, Danphe (colorful national bird of Nepal), Eagle, Barbet, Bulbul and many different birds and Himalayan Langur, Monkey, black bear, leopard, barking deer, musk deer, squirrels etc. found in these trails.

Kanchenjunga base camp trek safety tips

Kanchenjunga trek is one of the most beautiful remote area trek, for this route you need to trek safety first,

- **Prepare properly before start your trek**
- **Hired incensed and experienced guide and strong porter.**
- **Be careful with altitude sickness, fellow proper rules.**
- **Pack smart and all the necessities as season.**
- **Pack first Aid kit with all the necessities medicine.**
- **Share your emergency contact with contact person.**
- **Check every-time weather report if possible.**
- **Care about local food and drinking**
- **Respect local culture and nature.**
- **Book throw reliable and experience agency.**

Risk management: while photograph people, please ask before sometimes they don't want. Be a safe side while photograph, near big cliff and narrow place cause others passing through you. When animals passing you please be sure you are at cliff side. Always keep in mind safety first.

Ascend Hikes team Experience in Kanchenjunga base camp trek

Company Background & Team Experience

Local expertise & personalized service, Ascend Hikes Pvt Ltd is a locally owned, family-based trekking agency in Nepal with guides from mountain regions who know the trails, cultures, safety considerations and hidden scenic spots well. They express friendly service and a family feel for their guests.

Licensed guides & safety focus our guides are government-licensed and familiar with trekking logistics, cultural insights, safety practices, and emergency preparedness in the Himalayas.

Flexible, customized trips

Note: There are **no widely published online reviews specifically for Ascend Hikes on the Kanchenjunga Base Camp trek** Reviewers of other Ascend Hikes trips describe guides as knowledgeable, safety-oriented, and engaging with good trail and cultural insights. Guides like **Shankar Rai** and **Mahesh Magar** are mentioned for creating supportive experiences.

FAQs about Kanchenjunga base camp trek

The Kanchenjunga Base Camp Trek is one of the most remote and adventurous trekking routes in Nepal Himalayas. Many trekkers have common questions before planning this journey of Kanchenjunga Base Camp trek, here are the major answers about these routes.

Where is the Kanchenjunga Base Camp trek located?

The Kanchenjunga Base Camp trek is located in far eastern part of Nepal, near the borders of India and Tibet (China). It lies in the Kanchenjunga Conservation Area with offering views of the world's third-highest mountain (8,586m).

How long need for the Kanchenjunga Base Camp Trek?

The Kanchenjunga both (north and south) base camp trek usually takes **20 - 24 days**, including arrival, acclimatization, and return.

What is the maximum altitude in Kanchenjunga base camp trek?

The Kanchenjunga base camp route, North Base Camp (Pangpema) is 5,143m and South Base Camp (Oktang/Yalung) is 4,700m.

Is Kanchenjunga route a restricted area?

Yes, Kanchenjunga trek is a **restricted trekking area**, so, Minimum **2 trekkers** are required, and A **licensed guide** is mandatory with Permits must be arranged through a registered agency

What permits are required for Kanchenjunga route?

For Kanchenjunga trek You need **Restricted Area Permit (RAP)**, **Kanchenjunga Conservation Area Permit (KCAP)** and TIMS card are the main permits for this trek.

Do I need previous trekking experience?

This region is remote and challenging trekking so, Previous high-altitude trekking experience is highly recommended. This trek is physically demanding and remote.

What is the best season for this Kanchenjunga trek?

The best seasons are **Spring (March-May)** and **Autumn (September-November)**

Winter and monsoon are not recommended

How difficult is the Kanchenjunga trek?

Kanchenjunga Trek is advised challenging because of remote trails, long walking days, high altitude, Limited facilities and Remote location, so good fitness level is essential.

What type of accommodation is available?

Kanchenjunga is the remote area trek so we have to adjust in **basic tea houses/lodges** and sometimes local home stays with basic facilities.

What kind of food is available in Kanchenjunga trekking route?

The Meals are generally simple local and trekking food such as, Nepalese Dal Bhat, Noodles items, Rice, Soup, Potatoes dishes, Eggs with instant Tea/Coffee are available in this route.

Is travel insurance required?

Yes, Kanchenjunga base camp trek is remote with high Himalayan challenging journey so, the travel insurance is most mandatory, with covering High-altitude trekking rescue (up to 5,500m) Emergency helicopter evacuation are most essential.

Is altitude sickness a high risk?

Yes, the altitude sickness is high risk because the trek leads above 5,100m, and altitude **sickness is a serious risk**. Proper acclimatization and slow pacing reduce the risk.

Are guides and porters provided?

Yes, normally if you book through Ascend Hikes in full board package then a licensed guide is compulsory. Porters are optional but highly recommended.

Can I trek solo in Kanchenjunga route?

No, Solo trekking is **completely forbidden** in Kanchenjunga region due to restricted area regularize.

How do I reach the starting point?

Usually in this date the Kanchenjunga trek start from Ranipul, to get this place we have to fly from Kathmandu to Bhadrapur and about 290km drive.

Is there internet and phone network?

The Kanchenjunga base camp region, Mobile network is limited and unreliable and few tea houses have Internet but it is rare in higher areas.

Can I charge my devices?

Some lodges offer charging facilities for a small fee, mainly in lower regions. Highly recommend to carry some solar charging device.

How much does the trek cost?

On the average, Kanchenjunga base camp trek cost ranges from **USD 2,390 to 3,590+ per person**, depending on group size and services.

Is the Kanchenjunga base camp trek suitable for beginners?

This Kanchenjunga base camp trek is **not recommended for beginners**. It is best for experienced and who are no matter for long remote walker trekkers with good physical fitness.

How safe is the Kanchenjunga base camp Trek?

Trekking with proper preparation, experience agency, licensed guides, and good insurance, the Kanchenjunga base camp trek is generally safe. Weather and remoteness require extra caution.

Can the itinerary be customized?

Yes, if you book through Ascend Hikes team, we are always offering customized itinerary based on your need and fitness level.

What wildlife can be seen?

Kanchenjunga conservation area's route chance to see, Red panda, Snow leopard (rare), Musk deer, Himalayan pheasant, Yaks and mountain goats

What makes Kanchenjunga special?

Kanchenjunga base camp trek offers: Fewer crowds, Untouched landscapes, Authentic local culture, Both North & South Base Camps and Spectacular Mountain views

How do I book the trek?

It is easy, you can book through a registered trekking agency like **Ascend Hikes Team** by contacting them via email, phone, WhatsApp or website.

Pro Tips for Kanchenjunga Trek

Pack your bag light, a porters usually carry 20-22 kg max
Choose quality & useful gear, weather is unpredictable
Test your trekking boots before trekking
remember, Always carry rain protection
Prepare for cold nights and the tea houses are limited facilities

Some useful local greetings

Here are some useful local greetings phrases and sentences.

- **TASHIDELE / NAMASTE - Hello (all ages people can use)**
- **TAPAI LAI KASTO CHHA? - How are you?**

- MALAI THIK CHHA, DHANYABAT - I am fine, thank you.
- TAPAIKO NAM KE HO? - What is your name?
- MERO NAM HO. - My name is
- KRIPAYA MALAI SAHAYOG GARNUS. - Please help me....
- MALAI BHOK LAGE KO CHHA. -I am hungry
- MALAI KHANA DINUS - Give me a rice.
- MALAI YO THAU RAMAILO LAGYO - I really love this place.
- YO THAU BATA ... THAU MA PUGNA KATI SAMAYA LAG CHHA? - How far from here to ... place?
- MALAI CHISO VAYO - I feel cold.
- CHIYA PAIN CHHA? - Can I get tea?
- TAPAI LAI KASTO LAGYO KHANA? - How is food?
- MITHO CHHA - Very good/ tasty
- PANI - water
- KHANA- Food
- DHANYABAT - thanks
- FERI VETAULA - See you again
- TAPAI KO YATRA SAFAL RAHOS - have a safe journey

Booking & Enquiry

Book your Kanchenjunga base camp Trek now: Are you looking less crowded treks in Nepal? If you need help organizing your safe and adventure Kanchenjunga Base camp trek, contact us for a customized itinerary. We are always available in,

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