

# Manaslu trek in summer

[ascendhikes@gmail.com](mailto:ascendhikes@gmail.com)  
[+977 9803667776](tel:+9779803667776)



## Manaslu trek in summer

URL: <https://ascendhikes.com/package/manaslu-trek-in-summer/>

### Destination

Nepal

### Activity

Trekking

### Start / End Point

Kathmandu / Kathmandu

### Duration

14

### Region

Manaslu Region Treks

### Max. Altitude

5160m

### Nature Of Trek

Lodge to Lodge

### Best Season

Spring & Autumn

### Activity Per Day

5-8 hrs

### Transportation

Privet Jeep

### Per Person From

USD 1,195

### Group Size

2 - 14

### Challenging

Lorem Ipsum is simply dummy text of the printing and typesetting industry. Lorem Ipsum has been the industry's standard dummy text ever since the 1500s

### Accommodation

### Guest house

## **BLD**

Breakfast, Lunch and Dinner

## **Manaslu trek:**

The Manaslu trek in summer is one of the most beautiful in Nepal. In summer trek start from Sotikhola, because of the monsoon drive too Machhakhola is not safe. From Kathmandu there are possible to go by local bus and hire a private jeep. Summer in manaslu trek is most beautiful, because everywhere green and blooming flowers. Lots of animals can see during the trip. Not so crowded this time, because all the trekkers are not taking a risk from the rain. There are so many local traditional things can reach in the trip this time. It may rain sometimes but not every day, and it is so great to do a trekking in this season.

Trails goes as usual, but you can observe the best in your lifetime. Natural Nepal always the best. Everyone looking for a trek in autumn and spring, but very less tourist tried in summer trek. You should try this, and you feel different than others. We are Ascend hikes Pvt ltd. Organizing a best trekking plan for the summer trek. Summer trek to Manaslu is great idea. Beautiful mountains are waiting for you in this trek such as Mt. Manaslu, Peak 29, Himal chuli, Nike peak, Annapurna, Larke peak and many more... over the Manaslu basecamp hiking, Birendra Lake, Pungen monastery are a major part of the manaslu trek. Also, the Larke La 5160m high from the sea level cross is another challenging and big achievement in lifetime.

## **Itinerary**

### **Day 01: Arrival in Kathmandu**

Arrival in Kathmandu and transfer to hotel

#### **Trek Distance:**

6-7 km

#### **Trek Duration**

1 hrs

#### **Highest Altitude:**

1400m

#### **Meals:**

BLD

#### **Accommodation:**

Hotels

### **Day 02: Drive to Machhakhola**

Early in the morning drive to Sotikhola 700m. about 7hours.

**Meals:**

BLD

**Accommodation:**

Lodge

**Day 03: Trek to Machhakhola**

After the breakfast trek start trek towards Machhakhola 6 hours

**Meals:**

BLD

**Accommodation:**

Lodge

**Day 04: Trek to Jagat**

after breakfast trek to Jagat 6 hours

**Trek Duration**

6 hours

**Meals:**

BLD

**Accommodation:**

Lodge

**Day 05: Trek to Dyang**

rek towards Dyang village 6 hours

**Trek Duration**

6 hours

**Meals:**

BLD

**Accommodation:**

Lodge

**Day 06: Trek to Namrung**

Trekking to Namrung about 7 hours trek and beautiful way to Namrung.

**Trek Duration**

7 hours

**Meals:**

BLD

**Accommodation:**

Lodge

**Day 07: Trek to Shyala**

Trek to Shyala about 7 hours and stay overnight in this village with beautiful mountains views.

**Trek Duration**

7 hours

**Meals:**

BLD

**Accommodation:**

Lodge

**Day 08: Trek to Sama gaun**

trek to Sama gaun, this is the biggest village in this Manaslu trek.

**Meals:**

BLD

**Accommodation:**

Lodge

**Day 09: Rest Day in Sama gaun**

this is the day for the discover Sama village, like Birendra Lake and Manaslu Base Camp.

**Meals:**

BLD

**Accommodation:**

Lodge

**Day 10: Trek to Samdo**

Trek to Samdo 4 hours and after lunch hike up to the peak

**Trek Duration**

4 hours

**Meals:**

BLD

**Accommodation:**

Lodge

## **Day 11: Trek to Dharmashala**

Trek to Dharmashala about 5 hours and stay there for a night.

### **Trek Duration**

5 hours

### **Meals:**

BLD

### **Accommodation:**

Lodge

## **Day 12: Trek to Bhimthang over Larke-la**

This day is the main highlight of the trek, long about 10 hours journey start from early in the morning over the Larkela pass 5160m to Bhimthang.

### **Meals:**

BLD

### **Accommodation:**

Lodge

## **Day 13: Trek to Goa**

Trek to Goa, about 6 hours.

### **Meals:**

BLD

### **Accommodation:**

Lodge

## **Day 14: Trek to Tilje and drive to Besisahar kathmandu**

Early in the morning trek start to Tilje and drive to Besisahar with jeep and after lunch drive to Kathmandu and transfer to hotel

### **Meals:**

BLD

### **Accommodation:**

Lodge

## **Day 15: Final departure**

After the trek this is the day for final departure.

## Cost Includes:

- Airport Pick up and drop.
- All the accommodation and meal (3 times a day with one main course) during the trek.
- All the official expenses and paperwork (like Permit for peak climbing).
- All the Transportations.
- Government license holder Ascend Hikes Experience English Speaking Guide.
- A Porter for 2 Trekkers and Maximum 20 Kg weight of Luggage.
- All the Government Taxes.
- All the Insurance of Guide and Porters.
- Farwell dinner in Kathmandu.

## Cost Excludes:

- Travel Insurance and Entry visa fees.
- International Flight tickets.
- All trekking gear and other expenses.
- Hot & cold, Bar and Beverages bills, like hot water, tea, coffee, etc.
- All the accommodation and food before and after Trekking.
- Excess Baggage charge.
- Personal expenses: wi-fi, Battery charge etc....
- Staff tips
- All other things are Exclude which is not in the list of Include.

## Group Discounts Available

| No. of Persons | Price per Person |
|----------------|------------------|
| 2 - 2          | USD 1,495        |
| 3 - 3          | USD 1,295        |
| 4 - 4          | USD 1,195        |
| 5 - 5          | USD 1,095        |
| 6+             | USD 1,075        |

## Address

**Ascend Hikes PVt Ltd.**

Address: [Budhanilkantha-12, Kathmandu Nepal](#)