Pikey Dudhkunda Trek

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Pikey Dudhkunda Trek

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Destination
Nepal

Activity
Trekking

Start / End Point
Kathmandu / Kathmandu

Duration
14

Region
Everest Region Treks

Max. Altitude
4560 M

Nature Of Trek
Lodge to Lodge

Best Season
Winter, Autumn & Spring

Activity Per Day
5-8 hours

Transportation
drive

Per Person From
USD 995

Group Size
1 – 14

Challenging
Lorem Ipsum is simply dummy text of the printing and typesetting industry. Lorem Ipsum has been the industry’s standard dummy text ever since the 1500s

Accommodation
Guest house

BLD
Breakfast, Lunch and Dinner

Pikey Dudhkunda Trek

Pikey Dudhkunda trek is one of the beautiful less crowded trekking routes in Nepal. Located in lower part of the Solukhumbu district. This trek route is easy to access by road driving and fly from Kathmandu to Phaplu airport. Pikey Dudhkunda trek is beautiful short and long trail that depending on your holiday time. Pikey peak trails are most famous for the view of top of the world Mt. Everest and many more mountains' ranges. Exploring Local cultures mainly like Sherpa and Khaling culture. Pikey peak trails would be the best ideal trail for the trekkers to enjoy your holiday in Nepal. That remember we Ascend Hikes organizing different Itinerary's for this trek as your Holiday Vacation.

Why Pikey Dudhkunda Trek?

Pikey Dudhkunda trek is the best for the beginner to export. Trails start from easy to difficult. This trekking trail is less crowded comparing to the others trekking route because of the lack of the advertisement. These trails take you beautiful and amazing destination to the Himalayas and cultural valley. Holley Lake and traditional local villages are always welcoming you for your memorable journey to Nepal. So, Pikey Peak trek is the best choice for you.

Pikey Peak Trek details

This trek starts from the Kathmandu to Kathmandu. Normally we have 7days itinerary for the trek, but there are so many different routes depending as your holiday. This trek starts driving or flying to Dhap or Phaplu, trek start from Dhap village and everyday 5-7 hours walking. This trek end in Salleri or Phaplu, from ending point there are both possibilities fly and driving to Kathmandu.

Drive: If you okey drive to trek starting point, local jeeps are leave everyday early in the morning. Road distance about 245Km from Kathmandu to Dhap village take about 8-9 hours, depend on traffic. There are possible to hire own car or jeep for comfortable journey. If you hire own transport, then it takes to arrive Dhap about 7-8 Hours, choice is yours.

Flying: Flying to Phaplu is about 25 minutes from Kathmandu. Small aircraft will fly with people of 13-15 passengers. There are not schedule flight for the airport. So, if you want to fly even sometimes hard to get a ticket. We Ascend Hikes suggest better to drive via road access to get the starting point.

Extra activities on Pikey Peak Trek

On this trek normally we Ascend Hikes make a plan for a day off in Junbesi village, where you have a chance to hike Thupten Choling Monastery to explore the Himalayan Buddhism in lower part of the Solu Khumbu District. Pikey base camp is best sunset views. In the late afternoon to hike towards Pikey peak is the Acclomatization for next day trek to Pikey peak.

Details Itinerary for Pikey – Dudhkunda Trek

Day 01: Arrival in Kathmandu International airport and transfer to hotel

Our (Ascend Hikes) representative will pick you up from the international airport Kathmandu (1340 Meter) transfer to hotel and briefing you about the trek and still you have time to manage your things for the trek.

Drive Distance
6-7 km

Drive Duration
45 minutes

Highest Altitude:
1340 m

Meals:
BB

Place:
Thamel, Kathmandu

Accommodation:
Hotel

Day 02: Drive to Dhap

Early in the morning, drive to Dhap village (3200 Meter). It is about 240km from Kathmandu, and it take 8-9 hours but depending on road condition and the traffic. Drive along the low land to high elevation, pass through huge river, gorges, small cities, small villages, forest, some wild animals and many more. A beautiful scenery and local things will always wake you up and enjoying. Finally, will you be in Dhap village, which is located in the top of the hill and if weather is clear, you will have nice views of top of the world and other mountains ranges. Stay overnight in Dhap in guest house

Drive Distance
240km

Drive Duration
8-9 hours

Highest Altitude:
3200 M

Meals:
BLD

Attraction of the Day:
Everest View

Place:
Dhap

Accommodation:
Basic guest house

Day 03: Trek to Jhapre village

A day you’re first starting to trek. This day trek about 5-6 hours but up to your walking speed. Wake up early in the morning for nice views of the mt Everest and other Himalayan ranges. Smoothly going downhill pass-through small bushes, possible to see some musk deer, birds, small forest and will you

arrive in Singane village, be sure after this village to next destination about 2.5 hours and it is up hill trail.

After this Singane village trails going uphill, through small forest and the bushes, much dusty also depending which month you are trekking, the route is all the way on off road, and rhododendron trees are blooming. When you are reaching Jhapre, there is small monastery but very nice and great to explore first monastery experience in your trail. Here are 4 small guest houses, almost the same rooms and foods but the capacity, clean ness, friendliness chooses one for your present stay.

Trek Distance:
14 km

Trek Duration
6-7 hours

Highest Altitude:
2920M

Meals:
BLD

Place:
Jhapre

Accommodation:
Basic guest house

Day 04: Trek to Pikey Base camp

This is the day a bit longer then yesterday so makes your flexible time to have breakfast and after the breakfast start your trek straight away. It is about 7-8 hours trek to Base camp. First trail continues flowing the off road one a half hour inside of big pines forest. After 2.5 hours walking up hill, when your trail takes you Lamuje, you will say wow! Because this is the wonderful place, you are above the tree line and wonderful views of the mountains and valleys. Stop for the Lunch in Lamuje. After lunch trails easy flat takes you huge Mani Wall (a Buddhist secret place) place continue of the views are nonstop.

When you are reaching guest house, on pack tour things and if there is time better to hike toward Pikey Peak, it is good idea for Acclomatization, and you will be better sleep night. Have a dinner little early and go to bed, because next morning you have to wake up early in the morning for the sunrise view from the peak.

Trek Distance:
15 km

Trek Duration
7-8 hours

Highest Altitude:
3640 M

Meals:
BLD

Place:
Pikey base camp

Accommodation:
guest house

Day 05: Trek to Junbesi (2700 Meters) via Pikey Peak (4069 Meters)

The 8–9 hour hike’s high point is Pikey Peak, which is 4069 meters above sea level. Headlights are

necessary for the day because the trek begins in the dark. You can take in breathtaking views of the Himalayan ranges, including Mount Everest, once you reach the summit after an hour and a half. You go to Jase Vanjayan for breakfast after breakfast.
You can take in breathtaking views of the mountains and valleys as you continue your journey to Taktor village. You pause for lunch at Taktor village, where you can take in the surrounding valleys and forest, after climbing for one and a half hours.

Following lunch, you hike on to Junbesi, passing by a monastery, tiny stupas, and stunning scenery. Tenzing Norgey Sherpa, a well-known first Everest summiteer, is then introduced to you. and Admond Hillary, who used the trail to reach Everest basecamp. The trail takes you to Sherpa village Junbesi, where you stay overnight.

Trek Distance:
17 km

Trek Duration
6–7 hours

Highest Altitude:
4069 M

Meals:
BLD

Place:
Junbesi

Accommodation:
guest house

Day 06: Rest day to explore Sherpa village and Thuptencholing Monastery

Wake up late morning and usually take breakfast and after the breakfast pack your day bag and hike to a Secret Buddies famous place Thuptencholing Monastery. Thuptencholing Monastery was found in 1959 by **Kyabje Trulshik Rinpoche**. This monastery is home for more than 900 monks and nunnery and must of them are Tibetan refugees. Visit a beautiful hidden Gem in the Himalaya of Sherpa culture and after that stop for the lunch. In this monastery running a guest house, where you will have vegetarian food.

After food hike continue back towards Junbesi observing an amazing valleys and the local people’s lifestyle. When you will be back Junbesi, still you can explore the village and stay overnight in the same guest house

Trek Distance:
5km

Trek Duration
2 hours

Highest Altitude:
2920 m

Meals:
BLD

Place:
Junbesi

Accommodation:
guest house

Day 07: Trek to Ringmo village (2855 Meters).

After the breakfast trekking start slowly, passing Junbesi village and when crossing the Junbeshi khola, trails take you uphill until Simi Danda, this is the small village from here you will have to chance to see Mt. Everest again and stop for the teak break or continue trek towards Salung village.

From here the trails easy, crossing the landscape, small villages, bushes, some nice stupas. When you reach Salung village again the trail goes down to the Rinmo khola (river) where newly made hydropower and crossing small suspension bridge, trails take you up to the Ringmo village.

It is long village from starting to ending. There are numerous of guest houses, choose your comfortable one. After the lunch walk around the village to explore local activities and stay overnight in Ringmo village. Today is about 6 hours walking.

Trek Distance:
13 km

Trek Duration
6-7 hours

Highest Altitude:
2720 m

Meals:
BLD

Place:
Ringmo

Accommodation:
Basic guest house

Day 08: Trek to Kamu Danda (3880 Meter).

As usual start your trek after the breakfast. Today it’s about 5-6 hours trek estimate time. After Ringmo village there are no any possibility to have food and water until Kamu Danda, so check that you have enough water and some chocolate bar with you for 5-6 hours. It is all the way inside of the den forest of pine and rhododendron.

All the way climbing up hill to Kamu danda. Where are nice view of the Mt Everest and many other mountains ranges. Nice to stay here for the night, morning time will be great view of the sunrise and aclomatization. Here are only 2 guest houses, both are the same, choose first one where bed and food is better than next one. Stay overnight in Kamu Danda.

Trek Distance:
9 km

Trek Duration
5-6 hours

Highest Altitude:
3880 m

Meals:
BLD

Place:
Kamu Danda

Accommodation:
Basic guest house

Day 09: Trek to Saharsa Beni (4030 Meter).

Beautiful morning view will wake you up. Have a good breakfast and after the breakfast continue trek to Saharsa beni, it is about 5 hours trek. Remember, there are no any tea houses between Saharsa beni from Kamu danda. Uphill to downhill, and flat to crossing wonderful trails, small rivers, mountains, small bushes, valley to valley bring to you Saharsa Beni, have a lunch here, after lunch hike some more altitude then the guesthouse.

It is already high elevation, don't drink alcohol, here is more chance to have altitude sickness. Beware about altitude sickness. Drink hot and water often. Eat plenty and more soup. Sleep in time because next morning you have to wake up early for hike to Holly Lake.

Trek Distance:
10 -11 km

Trek Duration
5-6 hours

Highest Altitude:
4030 M

Meals:
BLD

Place:
Saharsa Beni

Accommodation:
Basic guest house

Day 10: Hike to Dudhkunda Lake and Trek back Kamu Danda.

Wake up early in the morning, have a cup of tea or coffee and start to hike to holey Lake Dudhkunda. It has to climb up about 2.5 hours to reach Lake. It is wonderful Lake believe a dip into the holy water to clean sins and fulfills wishes. Janai Purnima (July –August) celebrate a big ceremony and thousands of pilgrims visit this place from Nepal and Indian.

After exploring Lake, hike back to the guest house, and have a lunch there. After lunch start your trek back same way down to the Kamu Danda. Stay overnight in Kamu Danda.

Trek Distance:
19-20 Km

Trek Duration
8-9 hours

Highest Altitude:
4560 M

Meals:
BLD

Place:
Kamu Danda

Accommodation:
Basic guest house

Day 11: Trek to Phaplu (2423 Meter).

This is the last day of your trek for the Pikey – Dudhkunda trail. As usual after the morning beautiful view, take a breakfast and start your trek down same way back to Ringmo village.

From the Ringmo village, trails goes through off road way to phaplu. On the way there are a beautiful monastery known Chiwong Gompa, visit that Gompa and continue to Phaplu and stay overnight in Phaplu. It’s about 7-8 hours walking from Kamu Danda to Phaplu.

Trek Distance:
24-25 km

Trek Duration
8-9 hours

Highest Altitude:
2423m

Meals:
BLD

Place:
Phaplu

Accommodation:
Comfortable tea house

Day 12: drive or fly to Kathmandu

Wake up early in the morning, there is no breakfast because it is too early for the breakfast and take a jeep to driving back to Kathmandu. From Phaplu to Dhap driving is about an hour and continue as like before. It means about an hour more than your last drive. On the way you will have simple breakfast and lunch is Dal -Bhat. When you will reach hotel, you have free time and at the evening from Ascend Hikes will offer farewell dinner.

Drive Distance
280 km

Drive Duration
8-9 hours

Highest Altitude:
1400 m

Meals:
breakfast and lunch

Place:
Thamel, Kathmandu

Accommodation:
Hotel

Day 13: Final departure

After all, complete your Pikey Dudhkunda trek, our team will manage you to drop Trivuwan international airport for your journey back home.

We hope you are leaving Nepal with beautiful memories of mountains, our hospitality and Nepalese cultures. Namaste and we wish you a safe Travels, we are looking forward to welcoming you again for another adventure journey to Nepal Himalayas.

Including

In this trek Package are Includes as below.

- **Airport pick up and drop.**
- **Two nights Hotel in Kathmandu with BB plan.**
- **All the transportation to trekking starting point and from ending points.**
- **Professional English speaking Ascend Hikes guide.**
- **Porter (2 people basis one porter Max. Luggage 22kg).**
- **All the Government Taxes and Permits**
- **All the official work.**
- **7 Breakfast including Kathmandu,**
- **Farewell dinner in Kathmandu.**

Excluding

- **Visa fee and international flight.**
- **Lunch and Dinner in Kathmandu.**
- **Personal trekking gear (all trekking equipment).**
- **Travel Insurance.**
- **All the Hot and cold beverages (water, tea, coffee…).**
- **Excess Baggage charge.**
- **Personal expenses: Wi-Fi, Battery charge etc….**
- **Staff Tips.**

Group Discounts Available

No. of Persons	Price per Person
1 – 1	USD 1,395
2 – 2	USD 1,095
3 – 3	USD 995
4 – 4	USD 895
5 – 5	USD 875
6+	USD 865

Trip Information

Equipment list:

1. Trekking bag with small day bag.
2. Good sleeping bag.
3. Walking poles.
4. Head light
5. Good trekking boot and extra shoes to wear in room.
6. Proper clothes according to weather.
7. Socks, inner wear and underwear.
8. First aid kit with some bandages and medicine for prevention of altitude.
9. Warm jacket and some pullover.
10. Extra T-shirt (during the day sometimes hot).
11. Some dry food and chocolate bar.
12. Water bottle
13. Your daily used things for makeup, like sunscreen and so on.
14. Gloves and hat or head wear.
15. Scarf
16. Trekking trousers
17. Your phone or electric device charger and camera etc.

Packages Information, Arrival-welcome-trek start

When arrival in Kathmandu, Trivuwan International airport, depends on your arrival casual, we our team will transfer to hotel and after that briefing for the trek. Still, you have time to prepare things for the trek. In Kathmandu, especially Thamel is the main touristic area, where you can buy everything. After you can explore the areas, next morning you will have to wake up early in the morning drive to trekking starting point, after continue trek start.

How is Accommodations in Pikey trek?

In Kathmandu you will get BB basis Hotel with sweet room providing from the company, but depending on your services basis, there are so many cheap to expensive hotels are available. During this trek, we will stay in small basic guest houses. Pikey Dudhkunda trails are newly open route so, all the tea houses are basic basis. They serve double room with 2 beds in a room available each and every stops. In Phaplu you will have a better room are available.

What kind of Foods available in Pikey?

Kathmandu is more international capital city of Nepal. In Kathmandu you will have international Menus each and every restaurant. There are many restaurants around the city. In Pikey Dudhkunda trek there are only basic food available. Each and every village have local community, and they make a menu, and every guest house have menu with basic food services. Mainly they serve Dal-Bhat (Nepali traditional food), Fried rice, Noodle, Pizza, local breads, Organic Potatoes item, Local Yak cheese and seasonal fruits etc… Are available during the trek.

What you have to pack for the trek?

On this trek you need pack your daily used things accept clothing and above mention, sun cream, your daily needed mediations, warm clothing for weather conditions. You should pack your baggage each person maximum 11 kg for the porter, and you need your day bag for during the trip you need daily using things with you.

Facilities, water/ communication/exchange currency

In this trek our company will provide water purification tablets. We suggest you, to use safe drinking water, or you can buy water bottles all the tea houses on the trails. If you buy water, it means a small business for the shops for locals. For the daily communication we are providing local SIM card if you needed.

If you needed to exchange your currency in Nepalese Rupees, we help you that case. During the Trek you should take Nepalese Rupees for your expenses. There are accept all major currency but less equivalence in the mountain.

What is weather condition in Pikey Dudhkunda Trek?

Each and every time weather are challenging. Every month weather changing, here are every month’s weather report describing.

January: This month weather is normally blue sky and clear weather but already started a bit colder. Temperature down at night around -13 degree centigrade. During the day an average 4-10 degree in high elevation. If you are able to adjust with this temperature then the clear sky, amazing views are the best in Pikey trek.

February: This month already start warm temperature. Slowly trekking everywhere open from this month. Temperature will be 6 – 15 degrees during the daytime and at the night around -5 to -9 degree in high elevation. Normally this month also clear and blue sky. This month usually snowing time, if you trek, should be snow there and prefer for that.

March: March is the best time to trek. Temperature can be around 10 to 20 degrees in the daytime and at the night still 0 to – temperature which is already suitable for the trekking. Slowly rhododendron start blooming in low elevation. Birds and animals are most of the time grazing on the way. Although in the mountain never weathers stable, before you go to there at least check weather forecast.

April: This is the best time to trek in this route. Best because the temperature is 10 to 25 degrees during the daytime, blossom flowers blooming around the trails. Birds are singing, all the locals working in their farm. It is harvesting time. Blue sky and new shoots are growing to make greenery of the trails.

May: Also, the best time to trek Pikey Peak this Month. All the forest are white and red rhododendron are blossomy blooming. Warm temperatures are waiting for you. Green vegetation, White Mountains views, different types of birds singing and many more encouraging your trek happy and pleasant in this month. End of the month start slight rain, please check the weather forecast before you start your trek.

June: still, you can do trek in this month, but sometime rain and lich are many in these trails in low elevation. If you are lucky on weather then it is an ideal trek for you, because this time totally different on weather and all environments. Temperature will be 15 to 30 degrees in high elevation. Greenery route, blooming wildflower are best things to explore Pikey trek in June. Check weather before you go there in this month.

July: You are able to so trek in this month, but normally this month is the heaviest raining. Sometimes it is totally different, check the weather and make a plan. Usually, we Ascend Hikes are not offering trek in this month, but if you want to explore different experience then off course. Tea houses are open all the time. Path are sleeper and muddy. Lich is the problem if it is rain. If you doing trek in this month prepared well equipment against rain.

August: This month still raining often. Sometimes it will be blue sky and good weather. The trekking trails still wet and muddy because cows and other household and wild animals make muddy path. Greenery jungle and farm are the best for the trek. Before you trekking this time please check the proper weather forecast.

September: This is the starting a clear weather and becoming sunny. Pikey trek in September is the best time. Greenery environment, field, widow, grassland all and everywhere green. Green and White Mountain are the main combination to make extra enjoyable your trek in Nepal. The temperature is about 10 to 20 degrees in daytime. At the night temperature drop -1 to -5 degree. Generally stable weather with clear skies offering wonderful views of panoramic Himalayan peaks. This time is the best time for trekking in this route because of pleasant temperature and clear weather.

October: October is another best month for the trek in Pikey route. A wonderful weather, clear skies, and greenery everywhere, so this is the best time to make plane for trek to Pikey. In October, temperatures in the Pikey region typically range from 9°C to 15° during the day. At higher elevations, especially Pikey Peak summit (4,069 meters), temperatures can be cooler, particularly during mornings and evenings. The Pikey Peak Trek in October assurances a worthwhile experience with its enjoyable weather, clear views, and exciting landscapes.

November: Still this month is ideal time for Pikey Peak trek. Generally clear skies, wonderful views of the mountains make amazing trekking experience in this month. Many festivals of local celebrating in this month so it is an extra warm welcoming to this route in the month of November. Temperature around 9 to 17 degrees during the daytime and at the night drop minus. Early in the morning and at the evening time cooler than daytime in high altitude. In November provide pleasant weather condition with

comfortable temperature, makes you enjoyable and memorable experience trekking in Pikey route.

December: This month offers an exclusive and peaceful trekking experience in Pikey route trekking, despite the chilly cold temperatures. This region generally clear blue skies, offering spectacular views of long mountains ranges. However, the chilly cold can make navigation challenging. Proper preparation and equipment are necessary for a safe and enjoyable journey, specifically during snow-covered trails. The challenges, winter environment offers an exclusive and worthwhile experience in December.

What is the Flight condition in Phaplu airport?

Phaplu is another small airport in Solukhumbu district. Phaplu is located in lower part of the Solukhumbu district, and close to Salleri (district headquarter of Solukhumbu). This place elevation is 2430M from the sea level and most of the time windy. Because of the wind and big mountains valley landing to Phaplu is more challenging. Although, in a week small Nepal airline aircraft have schedule for the airport. There are other company have only chartered fly.

Comparing to Lukla airport, Phaplu is easy landing and the weather in the morning is better but because of less passenger, the flight schedule is not often. If you are planning to fly to Phaplu, please contact at advance to Ascend Hikes team.

How expensive Pikey Dudhkunda Trek?

Comparing to the Everest Base – Camp trek, Pikey Peak trek is cheap. There are possible to drive by jeep to trek starting place and the ending point. Food and accommodations are basic and cheaper to comparing upper part of the Everest region and Annapurna route. Normally in Pikey route, depending on up to you, and your daily basis. Porter and guide charge **click here...** if you are hiring only guide and Porters.

Is it possible continue trek to Khaling cultural trail?

If you have another 4days extra time, then don't miss the opportunities to discover Khaling culture in lower part of the Solu Khumbu valley.

Khaling cultural trails

In these trails not only explore Khaling community also the natural resources, beautiful landscapes, lifestyle of the different cultures and huge harmony of the different cast people in the small valley with rich diversity of the areas.

In Nepal there are more than 100 different cast in Nepal, and Khaling is one of them. **Khaling** is an

ethnic group of Nepal, mainly they are belonging to the **Rai** community, which is the many Kirati national groups in Nepal. Khaling they have their own different culture, traditions and languages.

The Khaling community, primarily found in Solukhumbu especially in Rapcha villageis the main origineted, Nepal, they are flowed Kirant Mundhum and They celebrate the Ubhauli-Udhauli festival. Traditionally their occupation is agriculture and serve in Gorkha and Indian regiment.

Here is the Khaling cultural trail short Itinerary:

Day 01: Arrival in Kathmandu International airport and transfer to hotel

Day 02: Drive or Fly to Dhap (3200m)

Day 03: Trek to Jhapre village (2920M)

Day 04: Trek to Pikey Base camp (3640 Meters)

Day 05: Trek to Junbesi (2700 Meters) via Pikey Peak (4069 Meters)

Day 06: Rest day to explore Sherpa village and Thuptencholing Monastery.

Day 07: Trek to Ringmo village (2855 Meters).

Day 08: Trek to Kamu Danda (3880 Meter)

Day 09: Trek to Saharsa Beni (4030 Meter)

Day 10: Hike to Dudhkunda Lake and Trek back Kamu Danda

Day 11: Trek to Nunthala (2330 Meter).

Day 12: Trek to Basa (where the Khaling originated) and (2100 Meter).

Day 13: Explore the Khaling culture and other lifestyle.

Day 14: Trek over Ratnange Danda to Phaplu

Day 15: drive or fly to Kathmandu

Day 16: Final departure

Details Itinerary of Pikey-Dudhkunda-Khaling cultural trails:

Note: The day 01 to until day 10 itinerary is the same as above.

Day 11: Trek to Nunthala (2330 Meter).

As usual, from the wonderful views from the Kamu Danda, and have a breakfast, after the breakfast trek down continue to Taksindo (Taksindo is the beautiful village in the top of the hill.). Stop for the lunch, and after lunch visit a nice, wonderful monastery. And trek still going down towards Nunthala village.

From the Taksindo, the trails are the same trail to go Everest Base Camp. Flow the same old trails continue to Nunthala village, with passing beautiful village, forest, local terrace, local activities, suspense bridges, small steams and many more wonderful experiences on this day. It is about 7 hours walking stimat from Kamu Danda to Nunthala. Stay overnight in Nunthala a nice, beautiful village.

Day 12: Trek to Basa (where the Khaling originated) and (2100 Meter).

Another day of trekking to Khaling cultural trail. Wake up and have a breakfast as usual, after the food turn trails to the right shouth of the Dudhkoshi River. From this village, no more flowing the old trail to Everest route.

Passing a local village with beautiful lifestyle, small cliff, river, waterfall and finally arrive at Adheri and Thulo Dhunga village. Those village is the Magar and Rai (khaling) cast majority in the area. Have a lunch in Adheri village, where small guest houses are running. You will have simple local food in this area. Here is not any Menu card, you have to eat what they make.

After lunch trek continue to Khali Danda or stop at Ket village. Both are the Khaling village with simple guest houses. Stay overnight.

Day 13: Explore the Khaling culture and other lifestyle.

The day for explore the Khaling culture and local activities. Early in the morning, take your breakfast and start your day to discover the village to village. Remember there are not often you get food, those are local areas so only local food avilabe, even at the local food time.

Normally local eat Dal-Bhat twice a day, around 9-11 o'clock in the morning and after that they go to work in the field and the farm. That why better to pack your food for the day, if you are unable to get food in the village, then it is the bad experience. There are numerous of the Khaling cultural activities in the areas, if you are lucky enough, they are celebrating the fest. Normally July-august they celebrate.

Local exports: Visit beautiful local schools for interaction. Share your thoughts and feelings to the student and with the teacher. If you visit some locals, they will be shy, but they are very kind and offering drink Chyang (made by millet, a bit alcohol). Not use to visit tourist this area, only sometimes they saw tourist, so they are shy. Test some local product for the experience.

A day is not enough to do all the local activities, even try to do all major things. After your wonderful local experience back your guest house, and go to bed soon, next day you will have another adventure day left.

Day 14: Trek over Ratnange Danda to Phaplu.

It is a long and adventure last day of your route to trek this time. It is about 8-9 hours walking to the Phaplu via Ratnange Danda. Wake up early in the morning, take your breakfast and as soon as possible start your trek.

Remember, after this place you will nothing get on the way until Phaplu, so prepare all the things, like water, energy drink, some food until to Phaplu for survive.

It is another amazing day to explore the big forest with numbers of the vegetation and wild animals like musk deer, jungle foal, Himalayan thar, black bear etc. about 5 hours walking through big forest, you will reach high elevation about 3200meters, where you will have great views of the mountains and valleys.

Trails: Depending on your holiday time, if you are in the springtime then it will be blossoming

rhododendron and other wildflower blooming all over the jungle. Discovering that unforgettable experience, trails take you to the Ratnange Danda, then trails go easy down to the Phaplu. Stay in Phaplu for the night. It is the last night in the Himalaya until your next trip to the Himalayas. **After this place flow the dame Itinerary of Pikey Peak Trek.**

This is the plan according to our idea, there are more possibilities to make an Itinerary according as your holiday and time, so please feel free to discuss about the itinerary if you are really willing to do this trek in Nepal, thank you.

Pikey Dudhkunda Trek to EBC trek routes

From this route you can continue to the Everest Base Camp trek too, if you have extra time let's explore the world highest mountain Mt. Everest base camp trek:

Itinerary for the Pike-Dhudhkunda-Khaling cultural trail to Everest Base Camp.

Day 01: Arrival in Kathmandu International airport and transfer to hotel

Day 02: Drive or Fly to Dhap (3200m)

Day 03: Trek to Jhapre village (2920M)

Day 04: Trek to Pikey Base camp (3640 Meters)

Day 05: Trek to Junbesi (2700 Meters) via Pikey Peak (4069 Meters)

Day 06: Rest day to explore Sherpa village and Thupten Choling Monastery.

Day 07: Trek to Ringmo village (2855 Meters).

Day 08: Trek to Kamu Danda (3880 Meter)

Day 09: Trek to Saharsa Beni (4030 Meter)

Day 10: Hike to Dudhkunda Lake and Trek back Kamu Danda

Day 11: Trek to Nunthala (2330 Meter).

Day 12: Trek to Basa (where the Khaling originated) and (2100 Meter).

Day 13: Explore the Khaling culture and other lifestyle.

Day 14: Drive to Surkey village (2740 Meter)

Day 15: Trek to Phakding (2655 meter)

Day 16: Trek to Namche Bazar (3440 Meter)

Day 17: Explore Namche and Everest view – Khumjung Village (3800 Meter)

Day 18: Trek to Pangboche

Day 19: Trek to Dingboche

Day 20: Trek to Laboche

Day 21: Trek to Gorakshep – Basecamp – Gorapshep

Day 22: Hike to Kalapathar-Gorakshep – Feriche

Day 23: Trek Back to Namche

Day 24: Trek back to Lukla

Day 25: Fly to back to Kathmandu

Day 26: Final departure

Details Itinerary for Pikey – Dudhkunda – Khaling cultural Trail to Everest Basecamp:

Note: Day 01 to Day 13 use the same itinerary above.

Day 14: Drive to Surkey village (2740 Meter).

Wake up in the morning and after the breakfast pack your things and take a jeep to Surkey village. Those roads are dusty, so pack your bags with covering with plastic bag. Depends on driver, normally its take 6 hours to get in Surkey, but sometimes more… make a plan for a day in this drive trip. Stay in Surkey village.

Day 15: Trek to Phakding (2655 meter).

After the breakfast start your trek towards world highest peak. Slowly trails take you up hill to Chauri Kharka, a nice village. After this village the trails join from Lukla and you will meet thousands of tourists together every moment and every time. Stop for the lunch in Tarakoshi with the view of Kusum Kangaru Mountain in the front.

After the lunch trek continue to Phakdin, a beautiful stupa, passing a river, village to village, talking with different tourist, in about 6-7 hours walking from Surkey will take you in Phakding village. Here many guest houses with cheap to expensive, choose as your favorite one stay overnight in Phakding.

Day 16: Trek to Namche Bazar (3440 Meter).

Normaly 5-6 hours to get in Namche Bazar, (a famouse village among the trekkers). Passing Dudhkoshi River several time with beautiful waterfall, small tea shops, and wonderful views of the valley and mountain are the main attraction for the day.

From the place called Manju, you are entering to the Sagarmatha national park. Sagarmatha national park is famous national park and listed in the world heritage sites in 1979. Reach for the flora and fauna. To get in you have to take a ticket, cost **Rs. 3000/-** rupees per person for the foreigners.

Trails is smooth little up and down will bring you to the Hillary Bridge and from this place straight a way up to Namche. Most of the height you will gain here. Little difficult but when you walk slowly it is an easy to reach Namche and stay overnight here.

Day 17: Explore Namche and Everest view – Khumjung Village (3800 Meter).

Wake up with stunning views of the Kongde peak, Thamserku and Kusum Khang Mountain are surrounding you. Have a breakfast and hike to Everest view Hotel or Khumjung village. We ascend hikes suggest to you hike to Panorama viewpoint, from there you will have a great view of the surrounding mountains including world highest peak Mt Everest. A beautiful Amadablam mountain is welcoming you in the front. When you are enough to take pictures from the viewpoint get down and have a coffee with exploring the Sagarmatha recycling place.

Day 18: Trek to Pangboche (3985 meters).

As usual trek star after the breakfast. Today about 7-8 hours walking to the Pangboche village. Today you will gain about 560m altitude, but there is no risk for you because you are already 4700 m Dudhkunda Lake. A beautiful path, rhododendron bushes, panoramic views of the mountains, small villages, stupas, mani walls, monastery this all are the main attraction for the day.

Easy start till Lunch place called Phungi Tanga, stop for the lunch and after lunch trail slowly goes up hill to the Tengboche monastery. A beautiful and famous monastery of the route. You will chance to go in there for Buddhism monastery. After the monastery trails little flat walking until the bridge point inside of the rhododendron forest. From this place your trek start climb up hill to the Pangbohe village, after long walking stay at hotel and have rest. Stay overnight here.

Day 19: Trek to Dingboche (4410 Meters).

Today walking hours about 5-6 to reach Dingboche from Panboche. A wonderful view of the Amadablam mountain just near, back side mountain, kantenga, Thamserku, Kusum Khang, Kongde peak and front Lotse, Everest, most famous Island Peak and many more are the day highlight.

Start your trek after the breakfast. Today is the easy day. Trails is slowly flat for the day. Enjoying the views of the mountains take you to easily to Dingboche village. Here are many guest houses, choose one for your favorite and stay overnight here.

Day 20: Trek to Laboche (4940 meters).

Today about 6-7 hours have to walk. Gaining about 600m altitude not easy in the high elevation. Walk slowly towards Laboche peak. Great views of Laboche peak, Cholatche and Tawache peak are the main views all the time for the day. Also, the beautiful view of the Pheriche village and down valley.

Start your trek after the breakfast for the day. Beginning the trail is easy crossing small hill and flat. Walking about 3-4 hours will you be Thukla, stop for the lunch in this place because from here the trail hardly goes up to the laboche village. From Thukla to thukla pass is the most difficulty for the day. In Thukla pass you can see the many cemeteries of the climbers who had died in the expedition’s time. Most of the altitude you will gain here. Never give up, only an hour.

Day 21: Trek to Gorakshep – Basecamp – Gorapshep (5264 meters) (5364 meters).

A day start after breakfast as usual. About 5-6 hours walking time for the day. A beautiful day start with Wonderful Khumbu valley start this day. Labuche peak, Pumori, Nupse, world famous dream destination the Everest Base camp and many more are the day highlight.

Start a day after breakfast, slowly flat trails and after about 3 hours will reach you in Gorekshep, it is the last guest house of this trek and have lunch here, after the lunch hike to the Everest basecamp 5360meter one of the most famouse and dreams destinations in the world. After discovering world highest mountains basecamp trek back to the Gorakshep. Stay overnight in the Gorakshep.

Day 22: Hike to Kalapathar-Gorakshep – Pheriche (4372 meters).

A day starts with wonderful morning. Wake up early in the morning for the hike up to another wonderful sunrise view from the Kalapathar (5550 meters), and the amazing views of the Mahalangur Himalayan range. Walking about 7 hours altogether for the day.

Start your trek early in the morning, with head lamp to the Kalapatthar for beautiful panoramic views and sunrise views. After beautiful mountain views walk down to the Gorakshep, have a breakfast and start your trek continue to the Pheriche village and stay overnight in Pheriche village.

Day 23: Trek Back to Namche (3440 meter).

A day start after the breakfast, continue to Namche village. It’s about 7 hours walking down. The views are amazing when you back same ways down as well to Namche.

Day 24: Trek back to Lukla from Namche.

Trek starts from Namche to Lukla about 7-8 hours. You know all the way it is the same way back down to the Lukla, stay in Lukla for the night and explore the most dangerous airport in the world.

Day 25: Fly to back to Kathmandu:

This is the experience to fly to Kathmandu from Lukla. It is a dangerous airport in the world. Small aircraft will bring you to Kathmandu early in the morning. Short fly about 30 minutes fly from Lukla to Kathmandu and transfer you to hotel in Kathmandu and you will have more time to experience in Kathmandu and the city.

Day 26: Final departure:

This is the day your holiday is over for time, we (Ascend Hikes representative) will drop you from hotel to Kathmandu international airport to say bye this time, hoping to see you again another adventure in Nepal Himalayas.

How to book this trek?

It is an easy to book this trek:

1. If you are in Nepal and you are not able to do via online, please visit our office physically and book your trip Location here.
2. If you are trust us, you can book via online through our contact.
3. We are always connected with WhatsApp, Instagram, Messenger, Mail, LinkedIn just send us a massage.
4. You can just drop the mail and there are always possible to get reply.

All above method you can book your trip with us, for your booking conformation 10% of cost we take for advance for 100% conform that mean we have to hold our staff and management.

Trekking booking system, Privet trek/ Join Trek/Last minute trek

We Ascend Hikes Privet Limited are make a different category of trekking and tour booking system:

Privet booking: We are mostly booking privet booking system, where there is privet booking is the best choice for all. Only you need a book at advance, we are looking to well management for your trip to Nepal. Remember that you are always welcome to our team for memorable holiday in Nepal.

Join Trip Booking: Join trip booking is a rare case, for the restricted area people need group for the permits, so if you are individual that case you have to join the group otherwise there are no objection to do the privet trip in Nepal. We are organizing all.

Last Minute trek Booking: sometimes you have no time to book at advance, or you are not believe in Internet booking or you are unable to book via internet or not believing online, that case you can visit our office in Kathmandu, our team will meet you and explain about the trip and you can book directly/ physically in our office. Which mean your trust building is 100% and we are able to manage all what you want on your journey.

Flexible schedule: We Ascend Hikes team are very flexible for all tour and trekking plans. Here we made for the itinerary, it is our plan, we are more flexible to create according to your holiday plan and your walking speed. Be sure for the services we are guaranty for make your holiday the pleasant and memorable.

Trip massage collection

We are collecting each and all information from the trip. Please feel free to share your thought and experience with us, we are accepting all your thought. It means we are like your close friend during your holiday in Nepal for your enjoyable moments. Our export team always looking for how to make your journey happy.

Farewell dinner in Kathmandu: Ascend Hikes Team will offering a Farewell Dinner after your wonderful trek in Kathmandu. We are organizing Traditional Nepali food Dal – Bhat, which before you

leave Nepal you will have another experience about Nepali cultures. When you are back Kathmandu, best choice to share your trekking experience with our team. This time your Holiday is over and offering next trip to Nepal Himalayas are waiting to you May you have chance to learn about next.

Massage from AH team/ family

Ascend Hikes Pvt. Ltd. has been developing wonderful dreams adventure treks through Nepal Himalayas. We are sure our amazing clientele to guarantee safe travel to Pikey Peak trek. Our different itinerary for this region includes a porter and an experienced guide who will introduce you to the rich culture of the areas and the landscapes while offering you advice and support. Our long experience in the Pikey region, we are responsive of the best places for local services, activities, and overnight stays. Therefore, get in touch with us if you're planning to visit the Pikey region, and we'll help you arrange a wonderful and memorable trip through our export team.

Departures: We (Ascend Hikes family) will drop you to international airport and really appreciate your contribution with us during your journey to Nepal Himalayas. We want to take a moment to express our gratitude for the time we have shared. Your company has really been a wonderful and will always be remembered.

It is really hard, and never easy to say goodbye, we are excited for the new opportunities that await you another dream adventure journey 4 Nepal Himalaya. We are wishing you all the best in your future endeavors. Stay in touch and may our paths will turn again someday! Have a safe flight!!!

Address

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